



get ready to

sweat

*Kai Merke
Dansehallerne
Professional training*

**LET'S GET A HIGH
DANCE AND DANCE
SWEAT LIKE WE DO LATE AT NIGHT
SWEAT IN JOY AND HORROR
YOU'LL BE GUIDED THROUGH A MUSCLE JOURNEY
IN COMPANY OF TUNES
THAT WILL MAKE US FORGET
THAT WE ARE DANCERS IN A PRECARIOUS WORLD
COME AS YOU ARE OR DRESS UP AS YOU WANT
AND GENERATE SOME SWEAT**