

Danse avec le vent!

Tuuli-Maaria's ballet/toning/repertoire morning class contains a three sections training for the morning.

The class starts with toning exercises for body to recover and wakeup for a new day.

The short barre-work and following middle section exercises will emphasize musicality and the healthy body lining.

The last part of the class will contain new repertoire from Louhensalo-Lindström's collaboration work in Nice "Les Deux Dames" and part of her ballet for Dancetheatre Vilya, Helsinki, "Three Sisters".

Class duration 95min.

Soloist Dancer Tuuli-Maaria Louhensalo-Lindström, MA (1983) started her dance career in 1980's at Ståhlberg Ballet School, Lahti, Finland.

From there her studies have taken her via Helsinki to Paris.

Louhensalo-Lindström is MA, dancer and dancer researcher and a choreographer. As a choreographer she has worked with opera, musicals and theatre as well being an artistic director of Dancetheatre-ballet company in Helsinki, Finland.

Last years she has been working in Copenhagen and latest as soloist dancer in Voluptuos Trap -dancetheatre piece, where she performed Gustav Klimt's model, Judith's role.

At the moment Louhensalo-Lindström lives and works as a soloist dancer and teacher in Nice, France.