

Class description:

Flying low was developed by David Zambrano around 30 years ago. He started dancing so much, that the ligaments in his feet got injured, and he could not walk, but he still decided to dance by rolling around on the floor, and from there Flying low slowly developed. In the class, we will focus on going in and out of the floor in efficient ways, trying to connect and to find spirals in the movements. We will also work with exploring the functionality of the body, and how by understanding that more, being able to move faster and more efficient. Full body movements, sometimes movements from other styles, and explorations with other people are some other focus areas in the class.

Bio:

I graduated from Rambert School in 2012 with a BA Hons in Contemporary dance and ballet. Since then I have been doing some freelance projects in Scandinavia, and for 2½ years also been working as a dancer with Frontier Danceland in Singapore. There I have done different pieces among others, pieces by ex Batsheva dancers. Along side performing I have also enjoyed to teach, and have been doing that at various places in Denmark and Singapore, and for various ages and levels. Choreographing is also a thing which I have been doing alongside performing and teaching.